

To Be Completed By: Demo Client

Instance

Active

Expires

Completed

Method: Kiosk / iPad

A0

5/24/2017

5/31/2017

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## Clinical Opiate Withdrawal Scale (COWS)

1. Resting Pulse Rate (beats per minute):

pulse rate 80 or below

pulse rate 81-100

pulse rate 101-120

pulse rate greater than 120

BPM =

2. Sweating: Over past 1/2 hour not accounted for by Room Temperature or Patient Activity:

no report of chills or flushing

subjective report of chills or flushing

flushed or observable moistness on face

beads of sweat on brow or face

sweat streaming off face

3. Restlessness Observation During Assessment:

able to sit still

reports difficulty sitting still, but is able to do so

frequent shifting or extraneous movements of legs/arms

unable to sit still for more than a few seconds

4. Pupil Size:

pupils pinned or normal size for room light

pupils possibly larger than normal for room light

pupils moderately dilated

pupils so dilated that only the rim of the iris is visible

5. Bone or Joint Aches if Patient was Having Pain Previously, only the Additional Component Attributed to Opiate Withdrawal is Scored:

not present

mild diffuse discomfort

patient reports severe diffuse aching of joints/muscles

patient is rubbing joints or muscles and is unable to sit still because of discomfort

6. Runny Nose or Tearing Not Accounted for by Cold Symptoms or Allergies:

not present

nasal stuffiness or unusually moist eyes

nose running or tearing

nose constantly running or tears streaming down cheeks

7. GI Upset: Over Last 1/2 Hour:

no GI symptoms

stomach cramps

nausea or loose stool

vomiting and diarrhea

multiple episodes of diarrhea or vomiting

8. Tremor Observation of Outstretched Hands:

no tremor

tremor can be felt, but not observed

slight tremor observable

gross tremor or muscle twitching

9. Yawning Observation During Assessment:

no yawning

yawning once or twice during assessment

yawning three or more times during assessment

yawning several times/minute

10. Anxiety or Irritability:

none

patient reports increasing irritability or anxiousness

patient obviously irritable/anxious

patient so irritable or anxious that participation in the assessment is difficult

11. Gooseflesh Skin:

none

piloerection of skin can be felt or hairs standing up on arms

prominent piloerection